

Maqasid Syariah's Perspective on Premarital Health Guidance in Pasangkayu District

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ABSTRACT

The requirement to carry out premarital health tests has been regulated in the Joint Instruction of the Director General of Islamic Community Guidance and Hajj Affairs, Department of Religion and the Director General of Eradication of Infectious Diseases and Environmental Health for Settlements, Department of Health No. 02 of 1989 concerning Tetanus Toxoid (TT) Immunization for Bride and Groom Candidates. Health tests are defined as tests carried out before carrying out the wedding. The research aims are: (1) to analyze the implementation of premarital health guidance in Pasangkayu District; (2) To analyze premarital health guidance from a maqasid sharia perspective in Pasangkayu District. This research uses qualitative methods with data collection techniques: observation, interviews, and documentation. Researchers use data analysis techniques, such as data reduction, presentation, verification, and conclusion. Research Results: (1) The essence of premarital health guidance is preventive measures to avoid health problems that will occur to oneself, one's partner, and offspring. (2) If viewed from the maqasid sharia perspective of Imam Syatibi, it is at the level of maqasid hajiyati or secondary needs, namely, if you do not carry out a health check, it will not cause damage. Still, it could be a dharuriyat if your partner's health check occurs.

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1. Introduction

Indonesia is a developing country with a considerable population. This is an indicator of the high marriage rate in Indonesia (Nobles & Buttenheim, 2008). That is why the Indonesian government created a set of regulations relating to Marriage. Marriage in Law of the Republic of Indonesia Number 16 of 2019 concerning Amendments to Law Number 1 of 1974 concerning Marriage states that "Marriage is a physical and spiritual bond between a man and a woman as husband and wife to form a happy family (household). and eternal based on the

Almighty Godhead." The law states that forming a family through Marriage aims to achieve physical and spiritual happiness (A. J. Utomo, 2014). The happiness the groom and bride aspire to will be realized if they have a well-established partner in science, economics, and good health.

The future of domestic life is usually determined from the starting point. The success or failure of a marriage also depends on the method used to choose a life partner. The way that can be implemented in looking for a partner is by recognizing, paying attention, and having an open vision and mission in living married life with a potential partner first to unite the vision and mission that the two of you will live through.

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Also, choose a partner who is in good physical and spiritual health (A. Utomo & McDonald, 2016).

A new activity in society, namely carrying out premarital health checks (premarital checkups), which did not exist during the time of the Prophet, Companions, and Tabi'in. Therefore, certainty is needed in the field of jurisprudence. In this case, the Maqasid Sharia approach and method will be used to determine the existence of health checks, which are developing along with the development of technology. There are also different processes between health centers, clinics, and hospitals that handle the premarital health test process. Premarital health guidance is needed because it is related to investigating, observing, and examining the body condition of the bride and groom, both mentally and medically, which is helpful for the continuity of the Marriage. Tetanus Toxoid immunization only provides immunity to the fetus, not to potential partners, and only prevents Tetanus disease.

In fact, in its development, premarital health tests are carried out with Tetanus Toxoid injections and separate packages provided by hospitals and clinics to carry out health checks before Marriage. Couples who carry out premarital health tests have the hope that their partner will not have a disease before marrying them or that if they have a disease, it is better to find out before Marriage than to find out after Marriage (Rumble, Peterman, Irdiana, Triyana, & Minnick, 2018). By knowing before Marriage, it can be anticipated that the disease is not contagious and can be prevented from getting worse. This follows the rules of fiqh, which state that rejecting something mafsadat is more critical than bringing about a benefit.

This research aims to analyze the implementation of premarital health guidance in Pasangkayu District from a maqasid Sharia perspective.

2. Literature Review

Maqasyid al-Syariah theory is the next theory the author uses to provide an overview of the practice of premarital health guidance in the Pasangkayu sub-district. Discussing the theory of Maqasyid al-Syariah cannot be separated from the role of Imam Al-Syatibi because Imam Al-Syatibi was the high priest who initiated

Maqasyid al-Syariah (Rahmadhani, Attamimi, & Hanafi, 2023). The purpose of establishing law, or what is often known as Maqashid al-shari'ah, is an essential concept in studying Islamic law. Because of the importance of maqashid al-syari'ah, legal theorists make maqashid al-syari'ah something that must be understood by mujtahids who carry out ijtihad.

Maqashid al-syariah is the wisdom, secrets, and general targets religion wants to achieve through various legal instruments in Allah's sacred texts. The essence of the maqashid al-syariah theory is to realize goodness while avoiding evil or attracting benefits and rejecting harm (Ermawati & Nurdin, 2023). The term commensurate with the nature of maqashid al-shari'ah is maslahat because the determination of law in Islam must lead to benefit. Islamic law aims to maintain the main aspects, namely: hifz ad-din (maintaining religion), hifz an-nafs (maintaining the soul), hifz al-aql (maintaining reason), hifz an-nasl (maintaining descendants), hifz al-mal (maintaining assets).

2.1 Definition of guidance

Experts offer several meanings or definitions of the term guidance. Guidance can be interpreted generally as assistance or efforts to help other people develop their views about themselves, other people, and the community around them so that they can analyze the problems or difficulties they face.

2.2 Health Check

In the book at-Ta'rif, health is a mental or psychological state or condition resulting in healthy proportional actions (Handayani & Nurdin, 2021). According to Health Law Number 36 of 2009, Chapter 1 General Provisions, Article 1 Paragraph 1, health is a healthy condition, both physically, mentally, spiritually, and socially, which enables everyone to live a socially and economically productive life.

2.3 Legal Basis Health for Prospective Brides

Islam is a religion that regulates all aspects of human life and the order of life on earth to lead to happiness in this world and the hereafter. One of the things that supports happiness is having a healthy body so that we can worship Allah better. The Islamic religion places great

emphasis on health (physical and mental) and places it as the second pleasure after faith.

There is no specific legal basis for ordering a medical examination before Marriage, but there are arguments that order maintaining health. One of them is the Al-Quran Surah Al-An'aam (6): 145 as follows:

قُلْ لَا أَجِدُ فِي مَا أُوحِيَ إِلَيَّ مُحَرَّمًا عَلَى طَاعِمٍ يَطْعَمُهُ إِلَّا أَنْ يَكُونَ مَيْتَةً
 أَوْ دَمًا مُسْفُوحًا أَوْ لَحْمَ خِنزِيرٍ فَإِنَّهُ رَجِيمٌ أَوْ فَسَقًا أَهْلَ لِغَيْرِ اللَّهِ بِهَ فَمَنْ
 اضْطُرَّ غَيْرَ بَاغٍ وَلَا عَادٍ فَإِنَّ رَبَّكَ غَفُورٌ رَحِيمٌ

Translate :

Say, O Prophet, "do not find in what has been revealed to me anything forbidden to eat except carrion, running blood, swine—which is impure—or a sinful offering in the name of any other than Allah. But if someone is compelled by necessity—neither driven by desire nor exceeding immediate need—then surely your Lord is All-Forgiving, Most Merciful."

This is the importance of premarital health guidance, nothing but providing information about the importance of living healthy and maintaining health before Marriage as an anticipatory and preventive step so that bad things do not happen in terms of health problems after Marriage, both for the prospective bride and groom and their future descendants. The author adopted this as the thesis title: Maqasid Syariah's Perspective on Premarital Health Guidance in Pasangkayu District.

2.4 Purpose of Health Examination for Prospective Brides

Among the objectives of carrying out health checks for prospective bride and groom couples are as follows:

- a. Maintaining offspring: Health checks for prospective brides and grooms not only pay attention to the health of the bride and groom but also pay great attention to the health of their offspring so that they can produce healthy offspring, both physically and spiritually.
- b. Minimizing the spread of infectious and genetic diseases, which can be dangerous both for prospective brides and grooms and for subsequent offspring.

c. Changing unhealthy habits: When a health examination finds habits that are not good for health, the doctor will provide solutions and recommendations for changing unhealthy habits into healthy ones. The other goal is to build a healthy and sakinah family:

- 1) Determine the appropriate action to treat certain diseases if they are found during the examination.
- 2) Knowing the fertility level of each prospective bride and groom.
- 3) As a form of guarantee that there will be no danger to each prospective bride and groom, which could hamper health resulting from contact or sexual intercourse.

2.5 Types of Health Examinations for Prospective Brides

a. Physical Health

Physical health can be determined through physical, laboratory, and radiological examinations, whether there is no disease or abnormalities. Physical health must be maintained by diligently exercising, eating regularly with foods that have balanced nutrition, and maintaining adequate sleep. Physically healthy if the body is healthy, such as maintaining good breathing, a healthy heart, flexible muscles with movement, and strong bones with exercise. In maintaining physical health, the key is regulating your lifestyle according to what health science and religion teach, namely eating healthy and halal food, exercising, and resting. There are several types of physical examinations that prospective bride and groom couples must know about and carry out:

- 1) Routine hematology (blood) examination and hemoglobin analysis.
 Blood checks are especially needed to ensure that the mother-to-be does not experience thalassemia, blood infections, etc. Hemoglobin is a protein molecule in red blood cells that is a medium for transporting oxygen from the lungs to all body tissues and carrying carbon dioxide from body tissues to the lungs. The iron content in hemoglobin makes blood red.
- 2) Blood Type and Rhesus Examination.
 Rhesus functions the same as fingerprints, namely as a determinant. After knowing the blood type, the Rhesus is also determined to make identification easier.

3) Blood Sugar Check.

This examination helps detect the presence of diabetes (Diabetes Mellitus) and certain metabolic diseases. Pregnant women who have uncontrolled diabetes can experience things like imperfect or deformed fetuses, hypertension, hydramnios, increased risk of premature birth, and so on.

4) HBsAg (Hepatitis B Surface Antigen) examination.

This examination aims to determine the presence or absence of hepatitis B virus infection, diagnose hepatitis B, pre-vaccination screening, and monitor virus clearance.

5) VDRL (Venereal Disease Research Laboratory) examination.

This examination is a type of examination that aims to detect the possible presence or absence of infections with herpes, chlamydia, gonorrhea, hepatitis, and syphilis in prospective partners so that they can immediately determine more appropriate therapy if they are diagnosed with these diseases.

6) TORCH inspection.

The cases that most often occur in expectant mothers, especially in Indonesia, from analysis of medical data, are infections of toxoplasma virus, rubella, cytomegalovirus, and herpes, namely TORCH for short. This group of diseases often causes problems in pregnant women (miscarriage), even infertility (infertility), or congenital disabilities in children.

7) Urine examination.

This examination helps diagnose and monitor kidney or urinary tract abnormalities and detect metabolic or systemic diseases. Urinary tract infections during pregnancy pose risks to both mother and baby in the form of premature birth, low fetal weight, and the risk of death during delivery.

8) Sperm Examination.

A sperm examination is carried out to ensure the fertility of the prospective groom. Sperm examination is carried out in three categories, namely sperm count, sperm movement, and sperm shape.

9) Examination for reproductive tract infections or sexually transmitted infections.

This examination is intended to avoid the transmission of diseases caused by sexual intercourse, such as syphilis (lion king's disease), gonorrhea (gonorrhoea, gonorrhoea), and Human Immunodeficiency Virus (HIV, the cause of AIDS). With this examination, you will know that the prospective bride and groom are still virgins or No.

10) Examination of peripheral blood images.

This examination helps show the presence of a blood destruction process (hemolytic) and is one of the screening tests for blood disorders.

11) Thorax photo and EKG.

This examination helps look at the condition of the heart and lungs and for detecting heart abnormalities. Please note that to carry out a series of health tests for the prospective bride and groom, the bride and groom should fulfill the following requirements: a) Before carrying out the health test, it is recommended to fast for 10 to 12 hours, but both prospective couples are still allowed to drink water; b) The prospective bride is not menstruating.

b. Mental Health

Mental health, commonly known as psychology, protects a person from mental disorders and symptoms of mental illness, who can adapt, can deal with the suitability of mental functions (no conflict), and feels that he is valuable, helpful, and happy, and can use the potential that exists as optimally as possible. Someone who wants mental or psychological health can avoid symptoms such as stress, worry, anxiety, anxiety, restlessness, and feelings of hopelessness from the inability they experience in their daily lives. To prevent symptoms of mental illness, you can carry out valuable activities such as refreshing, taking a leisurely walk, and confiding in your family to help solve problems. A person whose soul is healthy can be identified by the way he forgives easily, likes to share, and is happy in carrying out his activities.

3. Methodology

This research uses qualitative methods. In qualitative research, the theory is only a guide, so the research focus follows the facts in the field (Nurdin & Pettalongi, 2022; Nurdin, Stockdale, & Scheepers, 2016). Data was collected through

direct observation, in-depth interviews, and written document analysis at the research location (Rusli, Hasyim, & Nurdin, 2021; Rusli & Nurdin, 2022). The object of this research is cases of premarital pregnancy in married couples in Parigi Regency. Interviews were conducted with semi-structured with participants. Apart from that, interviews were also analyzed written material. The results of the interviews were recorded and transcribed. The transcript results were consulted with participants to obtain approval (Latepo, Suharto, & Nurdin, 2021; Muslih, Nurdin, & Marzuki, 2020). The data analysis technique in this research uses deductive thinking techniques, which can be interpreted as research procedures that produce deductive data from interviews and field notes. Data analysis was carried out using thematic analysis from Strauss and Corbin (1998). Analysis begins with open coding, axial coding, and selective coding. The final result of data analysis is the themes found in the data.

4. Results and Discussion

The discussion of premarital health guidance for prospective brides and grooms in the form of a physical examination in Chapter 2, as explained by Muhammad Hamdani in Islamic Religious Education and Midwifery, will be a benchmark in knowing whether or not the *hifzhun nasl* is fulfilled, which is part of maqasid sharia in measuring the implementation of premarital health guidance for prospective brides and grooms, in the Pasangkayu sub-district which has two Community Health Centers.

Maqasid sharia consists of two words: maqasid and sharia. The word maqasid comes from the root verb "*qasida yaqsudu*," which means heading towards a direction, goal, or the right path. Maqasid sharia reflects Allah's and His Messenger's goals in formulating Islamic laws. This goal can be found in the verses of the Koran and the Sunnah of the Prophet as a logical basis for formulating laws aimed at the welfare of humanity.

The implementation of premarital health guidance in Pasangkayu District is intended for prospective bride and groom couples who have registered at the Pasangkayu Religious Affairs

Office to provide provision to them before entering the marriage period as husband and wife. It is considered urgent for the married couple to get information that both of them will understand about how important it is to check and maintain their health before the wedding because they are at or close to the standard marriage age set by the Government of the Republic of Indonesia based on Law of the Republic of Indonesia Number 16 of 2019 Article 7 Paragraph 1: "Marriage is only permitted if the man and woman have reached the age of 19 (nineteen) years."

The author found in the field as a researcher that there was content in health guidance material that the author got from the reproductive health information brochure belonging to the Technical Implementation Unit of the Pasangkayu 1 Health Center. In contrast, the brochure from the Pasangkayu 2 Community Health Center Technical Implementation Unit did not yet exist based on information from informants from his party. When researchers tried to ask for premarital health guidance brochures at the Pasangkayu 2 Community Health Center, the community health center staff said that:

"We (Health Center Pasangkayu 2) don't have a brochure like that (premarital health guidance material brochure)."¹

The contents of the premarital health guidance material in the brochure created by the Pasangkayu Community Health Center are as follows:

1. Reproductive Health is a physical, psychological, and social health condition related to the complete reproductive system, function, and process, not just a condition free from disease and disability.
2. The material for implementing the second premarital health guidance is summarized in the Healthy Bride Prospective Card as a brochure, which is available at the Pasangkayu 1 Public Health Center Technical Implementation Unit and the Pasangkayu Technical Implementation Unit 2. This card functions as a control card or control card containing a future bride and groom identity column: name, age, address, cellphone

¹ Wawancara bersama Rahma, staf Puskesmas Pasangkayu 2, 2024.

number, and name of health service facility. The next column is the examination results column, and the control column for the schedule for taking Blood Additive Tablets for prospective brides is found on the Healthy Bride Prospective Card.

3. The Healthy Bride Prospective Card also provides advice so that cations can take preventive, protective steps to maintain their physical and psychological health and carry out healing if they experience health problems. Pregnancy must be discussed together by the couple, programmed, and its development monitored properly.

Analysis of maqasid sharia from Imam al-Syatibi's perspective on premarital health guidance will be able to be validated in the five principles of maqasid sharia, where the author will try to elaborate on the relationship of these five principles to premarital health guidance whose benefits are felt to apply both explicitly and implicitly which can also become knowledge initial and preventive steps for prospective bride and groom couples to achieve ideal health examination results and become a hope. The author will use the five principles of *hifz an-nafs* (protecting the soul) because the issue of premarital health guidance is closely related to preserving the soul.

When viewed from a sharia maqasid perspective, the implementation of premarital health guidance and examinations can bring benefits to the lives of prospective bride and groom couples, namely:

1. *Hifz al-Din*

A valid marriage, according to Islam, will protect oneself from deviant sexual behavior such as adultery by changing partners, which ultimately leads to sexually transmitted diseases that are dangerous for oneself and others. Allah SWT has prohibited in the Qur'an, not only the act of adultery itself but also forbids things that bring you closer to committing adultery through the hadith of the Prophet SAW... Allah swt. said (17:32):

وَلَا تَقْرُبُوا الزَّوْجَىٰٓ أَهْلَهُ كَانَ فَجْسَةً وَسَاءَ سَبِيلًا

Translate:

“Do not go near adultery. It is truly a shameful deed and an evil way.”

Prophet SAW Said:

لَا يَخْلُونَ أَحَدَكُمْ بِامْرَأَةٍ فَإِنَّ الشَّيْطَانَ ثَالِثُهُمَا

Translate:

“None of you should have seclusion with a woman, for the devil is the third person between the two of them.”

This is in line with the teachings of the Islamic religion to stay away from adultery and things that bring you closer to falling into adultery. This is part of maintaining personal honor, which is part of preserving religion (*hifzhud din*).

2. *Hifz an-nafs*

The health examination process aims to protect against various genetic and infectious diseases that endanger the lives of prospective husbands and wives and their future children. Allah SWT. says Q.S an-Nisa/4:29

وَلَا تَقْتُلُوا أَنْفُسَكُمْ إِنَّ اللَّهَ كَانَ بِكُمْ رَحِيمًا

Translate:

“And do not kill each other or yourselves. Indeed, Allah is ever Merciful to you.”

Allah SWT forbids his servants from committing suicide and killing other people for the sake of human survival to worship Him. Prophet saw also strengthens the principle of *hifzhun nafs* with the hadith regarding the prohibition of suicide in the form of threats:

مَنْ قَتَلَ نَفْسَهُ بِشَيْءٍ فِي الدُّنْيَا عَذَّبَ بِهِ يَوْمَ الْقِيَامَةِ

Translate:

“Whoever commits suicide with something (tool/media) in this world, he will be tortured on the Day of Judgment with something similar.”

Health checks are also an effort to maintain the soul, which means maintaining health, safety, and human life. The health examinations included in this category include blood type examinations to protect the souls of pregnant women and examinations for infectious diseases to protect the souls of prospective partners and their future children from dangerous infectious diseases.

When viewed from the maqasid sharia, premarital health checks are at the maqasid hajiyat level or secondary needs. The purpose of maqasid hajiyat for human life is something that is needed but does not reach the level of dharuriyat. However, health checks can reach the level of dharuriyyat when the prospective bride and groom have a history of dangerous and infectious diseases. If someone does not have a premarital health check, it will not ruin their life, but a health check is needed to make it easier to maintain the health of those who will continue the marriage bond.

3. Hifz al- 'Aql

The principle of *hifzhul 'aql* (preservation of reason) is very closely related to premarital health examinations in point 9 of the types of premarital health examinations in Chapter 2, namely Examination of Reproductive Tract Infections or Sexually Transmitted Infections, aimed at avoiding the occurrence of transmission of diseases caused by sexual intercourse, such as syphilis (lion king's disease), gonorrhoea (gonorrhoea, gonorrhoea), Human Immunodeficiency Virus (HIV, the cause of AIDS) with this examination you will know whether the bride and groom are still virgins or not.

Drug abuse has triggered the emergence of several deadly acute diseases, including HIV/AIDS. The various effects resulting from drug use are closely related to the risk of health problems for the user.

Prospective couples who are diagnosed with drug use will undoubtedly have to deal with the law due to social problems that must be addressed immediately and will certainly be declared invalid in the premarital health examination screening. Therefore, in this case, premarital health guidance and examinations align with maqasid sharia on the principle of *hifzhul' aql* (guarding reason). Marriage is worship, and the condition for valid worship is to be rational. An activity is called worship because the activity is in the form of an order that comes from Allah and His Messenger, and then the Prophet acts as a role model or *uswatun hasanah*. As another example, Allah SWT stipulates the prohibition of praying while drunk (lost or damaged of mind). Allah SWT says Q.S an-Nisa/4:43

يَا أَيُّهَا الَّذِينَ ءَامَنُوا لَا تَقْرَبُوا الصَّلَاةَ وَأَنتُمْ سُكَرَىٰ حَتَّىٰ تَعْلَمُوا مَا تَقُولُونَ

Translate :

"O believers! Do not approach prayer while intoxicated until you are aware of what you say."

4. Hifz an-Nasl

Various dangerous and infectious diseases such as HIV/AIDS, syphilis, herpes, gonorrhoea, chlamydia, and others mentioned above pose a threat to the offspring of prospective bride and groom couples when they are married and living in a household. These infectious diseases will spread more and more until they are no longer controlled if they are not prevented from the start.

Health examinations for prospective bride and groom couples carried out by the Community Health Center are expected to be able to prevent the spread of infectious diseases by guiding how to live a healthy life and carrying out health checks for them so that a safe and prosperous life can be achieved for the prospective bride and groom and their future offspring.

Maqasid Sharia, in reviewing this matter, will include the principle of *hifzhun all* because protecting offspring from all forms of harm is part of the teachings of Sharia for the survival of human life on the face of the earth. As the word of Allah SWT. as mentioned above:

وَلَا تَقْتُلُوا أَنْفُسَكُمْ إِنَّ اللَّهَ كَانَ بِكُمْ رَحِيمًا

Translate:

"And do not kill yourselves indeed Allah is Most Merciful towards you."

The scholars interpret the verse above to mean that the prohibition against killing oneself also means the ban on killing other people. And descendants are other people's physical bodies.

The exact meaning comes from the hadith of the Prophet. Prophet SAW said:

لَا ضَرَرَ وَلَا ضِرَارَ

Translate :

"You must not commit harmful acts (which harm yourself or others) either accidentally or intentionally."

5. Hifz al-Maal

Utilization of government facilities, namely health services provided at the

Puskesmas, both the Pasangkayu 1 Health Center and the Pasangkayu 2 Health Center, has offered affordable financial relief for the community in medical examinations for prospective bride and groom couples so that we have never heard of a prospective bride and groom couple complaining about the costs of paying for guidance and health examinations of the prospective bride and groom.

Prospective couples who receive pre-wedding health guidance will certainly gain new knowledge about maintaining health both before their wedding day and after living their married life. With this knowledge, prospective bride and groom couples will always be alert to preserve their health and children's. By maintaining their health, they can minimize medical costs because they are aware and have anticipated that if they are sick, they will incur medical expenses, which may cost more than the estimate they made.

The role of the Pasangkayu 1 Health Center and the Pasangkayu 2 Community Health Center in guiding prospective bridal couples like this is in line with maqasid Sharia, which is based on the principle of *hifzhul maal*. The prospective bride and groom's awareness of living a healthy life explicitly provides budget savings and household spending in line with religious commands. Allah SWT says in Q.S al-Isra/17:26

وَلَا تُبَذِّرْ تَبْذِيرًا إِنَّ الْمُبْذِرِينَ كَانُوا إِخْوَانَ الشَّيْطَانِ وَكَانَ الشَّيْطَانُ لِرَبِّهِ
 كُفُورًا

Translate :

“And do not waste your wealth wastefully; those who are wasteful are the brothers of Satan, and Satan is very disbelieving of his Lord.”²

Allah condemns spending wealth wastefully, which is also included in the main maqashid al-syariah (Hifz al-Mal). By stating wasteful people are the brothers of Satan, they are wasteful in spending their wealth because of Satan's encouragement. Therefore, wasteful behavior is part of Satan's nature, and Satan is very resistant to the favors and gifts of his God.

5. Conclusion

²Kementerian Agama R.I., *Al-Qur'an Dan Terjemahnya* (Cet. III; Bandung: Diponegoro, 2005)

The essence of premarital health guidance is a preventive measure to avoid health problems that will occur to oneself, one's partner, and offspring. Health checks are mandatory in the requirements for marriage registration. There are other health checks that prospective husband and wife can do, including blood type and rhesus tests, hemoglobin tests, hematology tests, and examinations for other infectious diseases such as herpes, chlamydia, gonorrhoea, hepatitis, and syphilis in prospective bride and groom couples, sperm examination for prospective grooms whether they are fertile or not, examination of Reproductive Tract Infections or Sexually Transmitted Infections, as well as chest x-rays and EKG (Electro Cardio Gram) to check the health of the heart and lungs. The five principles of maqasid Sharia essentially include premarital health guidance because the issue of premarital health guidance, both explicitly and implicitly, is closely related to the protection of religion, soul, mind, offspring, and property. Premarital health checks, when viewed from the perspective of Imam Syatibi's maqasid Sharia, are at the level of maqasid hajiyati or secondary needs if not conducting a health check does not cause damage. Still, it could become a dharuriyat if, during the health check, the prospective bride and groom are found to have dangerous diseases, including types of sexually transmitted diseases. Although it is not detrimental if a health check is not conducted, its existence is needed to influence life positively. The Pasangkayu 1 Health Center and the Pasangkayu 2 Health Center have a significant role in the development of public health in Pasangkayu District so that, in essence, it is in line with the goals of Islamic law. However, there are still types of health checks that are pretty urgent for prospective bride and groom couples that have not been carried out due to the unavailability of facilities and infrastructure.

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